



East Union Intermediate Center

March Menu



**WE'RE
Hiring!**

CAFETERIA FOOD
SERVICE EMPLOYEE

CONTACT: JACOB DOUGLAS
JDOUGLAS@DEERLAKES.NET

DEERLAKES.COM

What Makes A BREAKFAST

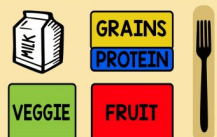
SELECT 3 ITEMS:



one must be a
FRUIT or **JUICE**

What Makes A LUNCH

SELECT 3-5 ITEMS:



one must be a
FRUIT or **VEGGIE**



PRFSD
Pittsburgh Regional Food Service Directors

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

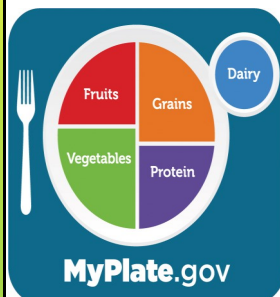
March 1st

Breakfast

Homemade Donuts
Choice of Fruit
100% Fruit Juice

Lunch

**Homemade
Plain Pizza**
Steamed Carrots
Assorted Fruit
Choice of Vegetable



March 4th

March 5th

March 6th

March 7th

March 8th

Breakfast

Honey Breakfast
Chicken Sandwich
Choice of Fruit
100% Fruit Juice

Lunch

Lancer Bowl
Mashed Potatoes &
Gravy
Assorted Fruit
Choice of Vegetable

Breakfast

Breakfast Sandwich
Choice of Fruit
100% Fruit Juice

Lunch

Double Taco Tuesday!
Steamed Green Beans
Assorted Fruit
Choice of Vegetable

Breakfast

WG Dutch Waffle
Choice of Fruit
100% Fruit Juice

Lunch

Chicken Nuggets w/
Dinner Roll
Potato Wedges
Assorted Fruit
Choice of Vegetable

Breakfast

WG Breakfast Pizza
Choice of Fruit
100% Fruit Juice

Lunch

Potato Bar
Steamed Broccoli
Assorted Fruit
Choice of Vegetable

Breakfast

Homemade Donuts
Choice of Fruit
100% Fruit Juice

Lunch

**Homemade
Plain Pizza**
Waffle Fries
Assorted Fruit
Choice of Vegetable

March 11th

March 12th

March 13th

March 14th

March 15th

2-HOUR DELAY

Breakfast

Honey Breakfast
Chicken Sandwich
Choice of Fruit
100% Fruit Juice

Lunch

Bosco Sticks w/
Marinara
Steamed Broccoli
Assorted Fruit
Choice of Vegetable

Breakfast

Breakfast Sandwich
Choice of Fruit
100% Fruit Juice

Lunch

Chicken Quesadillas
Steamed Corn
Assorted Fruit
Choice of Vegetable

Breakfast

WG Dutch Waffle
Choice of Fruit
100% Fruit Juice

Lunch

Philly Cheesesteak
Hoagies
French Fries
Assorted Fruit
Choice of Vegetable

Breakfast

WG Breakfast Pizza
Choice of Fruit
100% Fruit Juice

Lunch

Chicken Tenders w/
Dinner Roll
Mixed Vegetables
Assorted Fruit
Choice of Vegetable

Breakfast

Homemade Donuts
Choice of Fruit
100% Fruit Juice

Lunch

**Homemade
Plain Pizza**
Steamed Peas &
Carrots
Assorted Fruit
Choice of Vegetable



East Union Intermediate Center

March Menu



**WE'RE
Hiring!**

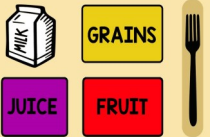
CAFETERIA FOOD
SERVICE EMPLOYEE

CONTACT: JACOB DOUGLAS
JDOUGLAS@DEERLAKES.NET

DEERLAKES.COM

What Makes A BREAKFAST

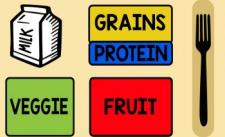
SELECT 3 ITEMS:



one must be a
FRUIT or **JUICE**

What Makes A LUNCH

SELECT 3-5 ITEMS:



one must be a
FRUIT or **VEGGIE**



PRFSD

Pittsburgh Regional Food Service Directors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 18 th	March 19 th	March 20 th	March 21 st	March 22 nd
<u>Breakfast</u> Fresh Smoothies Choice of Fruit 100% Fruit Juice <u>Lunch</u> Ham Sandwich on a Pretzel Bun Potato Wedges Assorted Fruit Choice of Vegetable	<u>Breakfast</u> Breakfast Sandwich Choice of Fruit 100% Fruit Juice <u>Lunch</u> Super Nachos w/ Tater Tots Assorted Fruit Choice of Vegetable	<u>Breakfast</u> WG Dutch Waffle Choice of Fruit 100% Fruit Juice <u>Lunch</u> Corn Dog Nuggets Steamed Carrots Assorted Fruit Choice of Vegetable	<u>Breakfast</u> WG Breakfast Pizza Choice of Fruit 100% Fruit Juice <u>Lunch</u> Turkey Stuffing Bowl Mashed Potatoes w/ gravy Assorted Fruit Choice of Vegetable	<u>Breakfast</u> Homemade Donuts Choice of Fruit 100% Fruit Juice <u>Lunch</u> Homemade Plain Pizza French Fries Assorted Fruit Choice of Vegetable
March 25 th	March 26 th	March 27 th	March 28 th	March 29 th
<u>Breakfast</u> Fresh Smoothies Choice of Fruit 100% Fruit Juice <u>Lunch</u> Spaghetti w/ Butter or Marinara Steamed Broccoli Assorted Fruit Choice of Vegetable	<u>Breakfast</u> Breakfast Sandwich Choice of Fruit 100% Fruit Juice <u>Lunch</u> Pulled Pork Sandwich Smiley Fries Assorted Fruit Choice of Vegetable	<u>Breakfast</u> WG Dutch Waffle Choice of Fruit 100% Fruit Juice <u>Lunch</u> Breakfast for Lunch! Buttermilk Pancakes Crispy Bacon Hash Browns Assorted Fruit Choice of Vegetable	<div></div>	
<div></div>			<div></div>	